



# Behaviours that Challenge Us Information Sessions

"I implemented one of the strategies the next day with great results!"

We are pleased to be able to offer Free one-off sessions for parents living in Dorset to understand more about 'Child Behaviours that Challenge us'

For parents with children between the ages of 5 and 11

The session is delivered by a Child Clinical Psychologist and an Action for Children Parenting Practitioner

### Monday 21st October 2024

09:30am - 11:30am

Virtual session via Microsoft Teams

# Thursday 14th November 2024

09:30am - 11:30am

Virtual session via Microsoft Teams

### Monday 20th January 2025

07:00pm - 09:00pm

Virtual session via Microsoft Teams

# Thursday 6th March 2025

09:30am - 11:30am

Virtual session via Microsoft Teams

### Thursday 22<sup>nd</sup> May 2025

10:00am - 12:00pm

Venue in Kinson area

# Tuesday 17th June 2025

09:30am - 11:30am

Virtual session via Microsoft Teams

"I found it really useful to know about why the behaviour occurs, even if you can't always change it, having the understanding makes it easier for me to cope with"

These are one-off sessions so you only need to attend one event

Places are limited and can be booked via our website: www.actionforchildren.org.uk/dorset

