Sandford St. Martin's
PRIMARY SCHOOL

Learn Love Laugh

"And over all these virtues put on love, which binds them together in perfect unity." *Colossians 3 v14*

Tel: 01929 552949
Email : office@sandfordprimary.dorset.sch.uk
Website : www.sandfordprimary.dorset.sch.uk

Newsletter 08 06/11/2026

DATES FOR THE DIARY

Fri 13th Nov
Children In Need Mufti Day
Cakey Friday Ash Class
KS1 Celebration Assembly parents invited

Wed 18th Nov
Y5 Roman Day

Fri 20th Nov
KS2 Celebration Assembly parents invited

Fri 27th Nov
PTA Christmas Fayre

Mon 30th Nov
Christmas Lunch Ordering Deadline

Fri 4th Dec
Cakey Friday Beech Class
KS2 Celebration Assembly parents invited

Tue 8th Dec
PTA Elfridges Sale

Wed 9th Dec
PTA Elfridges Sale
Christmas Dinner & Christmas Jumper/Outfit

Thur 10th Dec
Saplings Nativity

Fri 11th Dec
KS1 Celebration Assembly parents invited

Mon 14th Dec
Y3/Y4 Christmas Craft

Tue 15th Dec
Y1/Y2 Christmas Performance AM
Y5/Y6 Christmas Concert

Wed 16th Dec
Y1/Y2 Christmas Performance PM

For our School Diary please follow the link below:

Sandford St Martin's Primary School - School Diary

Dear Parents and Carers,

Celebration Assemblies After Half Term – Parents Welcome

As you may know, each Friday, we finish off the week with a celebration assembly. The children have been bringing in a range of awards and certificates for achievements in and out of school. We have over-run this past few weeks as there has been so much to celebrate! So, from next week, we will be alternating celebration between KS1 and KS2. As we have more room in the hall (we usually take up the whole space!) we will have some room for parents to join us from 2:20pm. You are welcome to join us in this lovely way to end the week – please do be prepared to stand if seating is limited!

- Key stage 1 assemblies will be on the following dates: 13th November, 11th December
- Key Stage 2 assemblies will be on the following dates: 20th November and 4th December

SCARF workshops



This week, the children had a fantastic time taking part in our SCARF workshops as we launched our new PSHE curriculum. There was lots of excitement across the school, especially when the children met the much-loved Gerald the Giraffe!



The workshops were full of fun, interactive activities that encouraged children to think about staying safe, being healthy, building friendships and looking after their wellbeing. It was wonderful to see the children so engaged, sharing their ideas and learning new skills together. A huge thank you to our trainer, Emily, for leading such enjoyable and memorable sessions. We are looking forward to building on this learning throughout the year as part of our SCARF journey.

Moneywise Workshops

This week, further classes got to take part in the fantastic MoneyWise workshops led by Debbie. The sessions were fun, engaging and packed with practical activities that helped children learn more about money, saving, spending and making good choices.

The children loved getting involved in the discussions and challenges, and it was great to see them thinking carefully about how money is used in everyday life. The workshops gave them valuable life skills in an enjoyable and age-appropriate way and a moneybox to use at home!

A big thank you to Debbie for delivering such interesting and interactive sessions and to Mr Dean for organising them. The children gained so much from the experience and have been keen to continue the conversations back in class.

Children in Need – Next Friday 13th November

Next Friday, we will be supporting **BBC Children in Need**, a fantastic charity that helps children and young people across the UK. To help raise money, children are invited to come to school wearing something **spotty, yellow or their own clothes** in exchange for a small donation.

Whether it's a spotty top, a splash of yellow or a favourite outfit, we'd love everyone to join in and help support this worthwhile cause. Every donation, no matter how small, will help make a difference to children who need it most.

Thank you for your support. We can't wait to see a sea of spots and smiles around the school! Another one of our 100 Ways to Change the World!

Maths at Sandford St Martin's

Ever wondered what Maths looks like at Sandford? This term, Mrs Benko-Robbins introduced the White Rose scheme to our teachers and children to support them with fluency, problem solving and all things maths. We have been updating our website with more information about our curriculum.

Check it out at: Sandford St Martin's Primary School - Mathematics

With Best Wishes
Emma Roberts
Headteacher

Year 5 News



This week, Year 5 welcomed the Dorset Rural Music School to Sandford and have begun working on a project called 'My Story'.

The children will develop their music skills through this project and this week we focused on working together to create a Samba.

The children had a blast!!



News from the Governors

So what do the school governors actually do?

Since the start of term, the different governors' committees have been reviewing all aspects of the school's work.

- The Strategy Committee discussed last year's test results and what has been put in place this year to improve them further. Governors will be supporting school leaders with their monitoring visits to lessons over the year.
- The Finance Committee monitored the spending of the school's budget now that we are about halfway through the financial year and reviewed the work undertaken during the summer to convert two classrooms into our new SRP (Specially Resourced Provisions) Hub. They also updated our general maintenance plans – renovating the hall floor is a priority – and reviewed the overall health and safety aspects of the school site.
- A group of governors met with Mrs Roberts and our education challenge partner from Dorset LA to work on our school development plan for this year.
- The Standards and Assessment Committee looked in more detail at what is happening to improve our children's achievement this year. They were updated on how the school handles safeguarding matters and on our strategies to improve attendance. Each governor is linked to a subject area in school and the latest link visit was discussed.
- Finally, just before half-term, the full governing body met to discuss reports from each of the committee meetings and Mrs Roberts's report of the school year so far. We also welcomed the Rev Jenny Nightingale as our new ex-officio governor.

So, governors are very involved in the life and development of the school. Our role is strategic, not operational, but we are often in school outside of formal meetings.
If you'd like to know more, please contact our chair, Mel Bolt, at

Chair@sandfordprimary.dorset.sch.uk .

Colin Logan
Vice-Chair of Governors

Introducing My Time Young Carers



Here at Sandford St Martin's Primary School, we are working alongside MYTIME Young Carers to recognise and support our young carers within our school community.

A young carer is a child or young person who helps to care for a family member who may be ill, disabled, have mental health difficulties or need additional support. This can also include providing emotional support to a family member following a bereavement.

Young carers may take on a variety of responsibilities at home, such as:

- Collecting medication or helping with medical needs.
- Providing emotional support and reassurance.
- Helping with physical care.
- Cooking meals and preparing food.
- Cleaning and completing household tasks.
- Shopping for the family.
- Communicating on behalf of adults, for example, speaking to professionals or helping with appointments.

These responsibilities can sometimes affect a child's time to play, learn, socialise and enjoy being a child. **MYTIME supports young carers to feel understood, build confidence, make friends and take a break from their caring responsibilities.** Through activities, groups and support in schools, the charity helps young carers to thrive and reach their full potential.

At Sandford St Martin's, we want all our young carers to feel recognised, valued and supported. If you feel your child may have caring responsibilities at home, please speak to your child's class teacher or our Young Carer Champion, Charlotte Hudson.

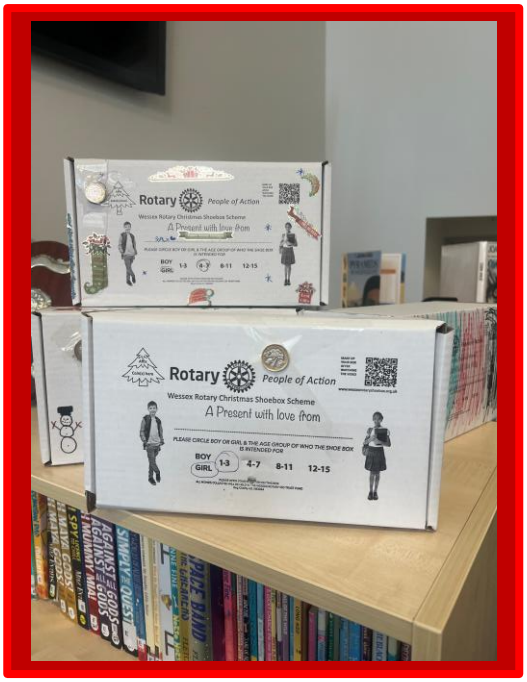
Alternatively, you can fill in the survey attached and we will make contact with you.

To find out more, please visit **www.mytimeyoungcarers.org**.
My Time - Young Carers – Fill out form

A BIG THANKYOU

A massive
"THANKYOU"
for all your kind donations
for the Rotary Christmas
Shoe Box Appeal









The Wareham Lions Club Swim for Charity Sponsorship Money is now due!!

Thank you to all those who have paid their sponsorship in already and especially those who paid by BAC and handed in their Gift Aid Form to the School Office separately. (If you are in a position to gift aid please do……. it really does help)

Please could I ask that you bring your sponsor money into school by Friday 6th November.

You can either:

a) hand it into the School Office with your child's name/sponsorship form, Cheques payable to Wareham Lions Club
or

b) pay by using the Wareham Lions BAC Code: 30-91-91 Acc No: 35012560 stating child's name & school + remembering gift aid form to School Office if possible.

Face Parenting Talks

Please see below October's Timetable for FACE. You will have been sent information on how to sign up to these courses via Wiespay earlier this week. You can also pop into the school office for it.

FACE

November Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Introduction to OCD	2 Nov 10am
Raising Self-Esteem	2 Nov 7pm
Supporting Healthy Sleep	3 Nov 10am
Decreasing Depression	3 Nov 7pm
Supporting a Child with ADHD	9 Nov 10am
Understanding Addictive Behaviour	9 Nov 7pm
What is ACT?	10 Nov 10am
Improving Family Communication	10 Nov 7pm
Autism: Improving Communication	16 Nov 10am
Supporting Healthy Screen Use	16 Nov 7pm
Understanding the Teenage Brain	17 Nov 10am
Understanding Anger	17 Nov 7pm
FREE - Responding to Stress & Anxiety	19 Nov 7-8pm
Anxiety Explained	23 Nov 10am
Facing Defiance	23 Nov 7pm
Cannabis & Ketamine Awareness	24 Nov 10am
School Anxiety	24 Nov 7pm

Online Safety Guides

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

IN-GAME CHAT

WHAT ARE THE RISKS?

Video games are continuing to grow in popularity – including, of course, among children and young people – and the emergence of gaming communities has been accelerated by the inclusion of chat functionality across many different titles. While in-game chat isn't inherently a bad thing, it can create some concerns about online safety and the people that children might be interacting with.

DIFFERENT TYPES OF CHAT

There are a number of ways that gamers commonly chat with one another online. As the name would suggest, in-game chat happens within the game itself. There's also party chat: a group voice conversation that console users can have with anyone on the same platform. This tends to be more commonly used by players who already know each other. Finally, many gamers – especially on PC – will chat via a third-party app such as Discord.

CONTACT WITH STRANGERS

Whether it's text- or voice-based, in-game chat is frequently open to all players to use. Many games default to making it an opt-in function, but some don't: meaning a child could start seeing messages within the game from people they're playing with, regardless of whether they know those individuals or not. While most strangers won't necessarily have ill intent, there are some who may behave inappropriately when chatting to a child – intentionally or otherwise.

DANGER OF GROOMING

It's been reported that some young gamers have encountered older players online who pretend to be a lower age to manipulate children, sending gifts in exchange for chatting and sending photos. Just as on any messaging platform, it's good to advise young people to avoid speaking to strangers; emphasise that they shouldn't accept gifts from anyone online that they don't know.

BULLYING AND ABUSE

While some in-game chat can turn toxic because of how a match plays out, others turn that way because of people who engage in trolling – in essence, behaving in an offensive and abusive way simply to cause pain or get a rise out of whoever they're talking to. These 'trolls' often lean on racial slurs, anti-LGBT sentiment and other hateful rhetoric; they normally feel most confident preying on younger, more impressionable gamers.

POTENTIAL FOR PRIVATE CHAT

If a player would like a re-match with a stranger after meeting them in the game, they can send a friend request, or use the party chat together in the future. For the most part, this is harmless – but it might lead to messages being exchanged in private. This could then escalate to the sharing of private information, and potentially attempts to manipulate or scam younger players.

COMPETITIVE ATMOSPHERE

Certain games are very competitive, and players can sometimes get upset if they feel a teammate is underperforming, an opponent won unfairly, or they're just a bad loser. This can lead to unpleasant messages that stray away from playful 'trash talk' and wander into the territory of bullying. Some players have been known to get incredibly abusive in situations like this, and the impact of this on a young gamer's emotional wellbeing could be severe.

Advice for Parents & Educators

LOCK-DOWN IN-GAME CHAT

In-game chat can often be disabled in the game's settings. This allows children to play without risk of contact from strangers – but it will need to be done in each individual game. Text chat appears in the corner of the screen in many titles, so it's normally easy to take a quick glance and see what's being said. With voice chat, explain to children what behaviour is inappropriate, so they can spot the dangers themselves.

CONSIDER OTHER CHAT OPTIONS

If a child wants to play with people they know, consider using party chat or a third-party service like Discord. This allows everyone involved to chat on a private server and even enjoy each other's company while playing different games. It's also far more secure, as anyone looking to join will need to request and be granted access – normally by whoever is hosting the chat.

REPORT POTENTIAL OFFENDERS

Most games offer a robust means of reporting other players, so you can flag an account as potentially harmful. This normally leads to the account not being matched with yours in the future and, if that person's conduct breaks any of the game's rules, they may be banned from playing entirely. This is done within the game itself, so each title has a slightly different process, but these tend to be designed for simplicity.

COMMUNICATION IS KEY

Make sure children understand the differences between being competitive and being abusive. Talk about what constitutes unusual or inappropriate behaviour from strangers online. Be clear that if anything ever concerns or worries them, they should tell a trusted adult as soon as possible. Empower children to identify the risks of in-game chat for themselves and reassure them they won't get in trouble for seeking help if anything goes wrong.

Meet Our Expert

Lloyd Coombes is the Editor in Chief of GGRecon and has been working in the games media industry for five years. He's also a parent and therefore understands the importance of online safety. Writing mainly about tech and fitness, his work has been published at sites including IGN, TechRadar, and plenty more.

#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: nationalcollege.com/guides/in-game-chat

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.10.2024

Do you know about Free School Meals??

We want to make sure that every child receives all the support and opportunities available to them. As such, we are encouraging families to check whether they may be eligible for **Free School Meals** or **Targeted Free School Meals with additional Pupil Premium**.

Free School Meals
… who is eligible?

From September 2026, **children in households receiving Universal Credit are eligible for Free School Meals, regardless of household income**. There are also other qualifying circumstances. A child may be eligible if their parent/carer receives:

- **Universal Credit** – children are now eligible regardless of household earnings.
- **Income-related Employment and Support Allowance (ESA)**.
- **The guarantee element of Pension Credit**.
- **Support under Part VI of the Immigration and Asylum Act 1999**.
- **Support under the No Recourse to Public Funds (NRPF) arrangements**, subject to the relevant income and other criteria.

Targeted Free School Meals with additional Pupil Premium
…who is eligible?

✓ Universal Credit with annual household earnings of £7,400 or less
✓ Income-related Employment and Support Allowance
✓ The guarantee element of Pension Credit
✓ Support under Part VI of the Immigration and Asylum Act 1999
✓ Certain forms of support if your family has No Recourse to Public Funds (NRPF)
There are additional rules for some families, so if you are unsure, we encourage you to check.

Why is this important?

- **Free School Meals** offer financial support to families.
- If your child is eligible for **Targeted Free School Meals with additional Pupil Premium**, schools are given funding to help children overcome barriers to learning and make the most of their education. At our school, this funding can help us provide additional opportunities and support, which may include:
- extra learning and academic support
- enrichment activities and experiences
- pastoral and wellbeing support
- resources and activities that help children feel confident and succeed

Reception, Year 1 and Year 2

All children in Reception, Year 1 and Year 2 receive Universal Infant Free School Meals. However, **if your family meets the criteria above, it is still important to apply** because Universal Infant Free School Meals are not the same as Targeted Free School Meals. Registering your child as eligible for Targeted Free School Meals can mean that our school receives additional Pupil Premium funding.

It's easy to check

You can apply through **Dorset Council's confidential Free School Meals service**.

You will normally need your National Insurance number and may need to provide information from your benefit documents.

Apply or check your eligibility:

- **Dorset Council – Free School Meals** www.dorsetcouncil.gov.uk/w/free-school-meals

If you are unsure whether you qualify, **please apply and let Dorset Council check**.

If you need help with an application, please speak to the school office. We are happy to help.

Thank you for helping us make sure every child has the opportunity to learn, grow and thrive.

Christmas Lunch



PTA News


WE NEED YOU!
Parents • Carers • Grandparents
JOIN OUR PTA EVENTS TEAM!
SCHOOL DISCO
CHRISTMAS FAYRE
SUMMER FAYRE
Could you spare just 15 minutes?
Or more if you can!
15 MINS!
HELP OUT!
SET UP & TIDY UP!
EVERY LITTLE HELPS!
INTERESTED?
LET US KNOW!
Leave your name at the school office or speak to an active PTA member
OUR EVENTS CAN'T RUN WITHOUT YOU!

It's time for Cakey Friday Ash

Friday 13th November

It's time for Ash to get their bake on. Please bring your cakes in at drop off into the church space, any containers to be named for their return. If you are baking yourself please pop the ingredients on for the allergens.

BUT WE NEED YOUR HELP AS ASH PARENTS TO HELP SELL YOUR CAKES AFTER SCHOOL.

MONEY RAISED FROM CAKEY FRIDAY GOES DIRECTLY INTO THE CLASS FOR NEW THINGS SPECIFICALLY FOR THAT CLASS

Cakes will be on sale after school and the whole school is welcome to purchase cakes so bring your pennies

SANDFORD ST. MARTINS PRIMARY SCHOOL PTA

INVITES YOU TO

JOIN US FOR OUR

Christmas FAYRE

FRIDAY 27TH NOVEMBER

3-5PM IN THE SCHOOL HALL

- Homemade Christmas Cake Competition
- Stalls
- Games
- Hot Dogs
- Festive Music
- Hot and Cold Drinks
- Raffle and Tombola
- Santa's Grotto
- and Much More

If you would like to have a stall at our event please send us a facebook message or email PTA@sandfordprimary.dorset.sch.uk

SCHOOL OFFICE REMINDERS

ABSENCE REPORTING

This is a polite reminder that all absences from school MUST be reported to the school office by 9am on each day of absence either via the absence line, phone or email

office@sandfordprimary.dorset. sch.uk

Please make sure your child's name, class and the reason for absence is clearly stated.

ATTENDANCE

Whole School 92.8%

Top 3 Classes Ash 99.2% Acorns 97% Maple 96.8%

Monday 2nd November 2026 – Thursday 5th November 2026

Sandford St. Martin's
PRIMARY SCHOOL

Our Safeguarding Team



Designated Safeguarding Lead
Mrs Pampin



Deputy Safeguarding Lead
Mr Sampson



Deputy Safeguarding Lead
Mrs Roberts

SAFETY

Please can we ask that when dropping & collecting your child at school that they stay close with you at all times.

We have been a few incidents where children have been hurt by other pupils or been injured on the play equipment.

Please remember that children SHOULD NOT be on the play equipment before or after school.

END OF DAY PICK UP

We only allow Y5 & Y6 children with express permission to walk to and from school without a responsible adult.
Please do not ask these older children to pick up their younger siblings. Children in year 4 and below should be collected by a responsible adult from the class door.

This is an important part of our agreed safeguarding arrangements.

SCHOOL GATES

Please remember the school gates for Reception, Ash, Bay & Beech Class close at 8.45pm. If you arrive after this time you will need to bring your child to the school office and sign them in.

The Car Park gates and external pedestrian gates will close at 9.15am and reopen at 2.40pm.

HOT SCHOOL LUNCHES

All hot lunches will need to be booked by
MIDNIGHT on Monday 9th November
for the week commencing Monday 16th November.

Please DO NOT send your child to school without a booked hot lunch or a packed lunch.



Please remember we are a "NUT FREE" school.
This means no "Nutella" or "any products containing nuts".

CAR PARK

Parents / Carers we please ask that you **ONLY** Park in the designated parking bays in the **Parent Carpark** as shown on the car park layout below and **NOT** in the Staff or Nursery parking bays.

Please **DO NOT** park in the **Drop Off Zone**, this is only to be used for dropping off your children.

The zebra crossing **must be kept clear at all times** and please **DO NOT** double park along the access road.



Please can we ask that you only park in the Parent Car Park and not in the Staff or Nursery spaces as shown on the map above.

Please only use the **DROP OFF BAY** if you are dropping your child/dren off, there should be **NO CARS PARKED IN THIS AREA** or left **UNATTENDED** at anytime.

Can we also ask that the approach road is **kept clear for 2 vehicles to pass each other** and that the **no one parks on the corner by the main entrance** as cars cannot pass and are having to reverse onto the zebra crossing which is going to cause a serious accident.

Community News

YOUTH CLUBS

TERM TIME TIMETABLE

MONDAYS

16.15 – 17.15	WAREHAM MINDFUL MONDAYS (Y 6 – 8)
17.30 – 19.00	WOOL YOUTH CLUB (Y 7)
19.00 – 20.30	WOOL YOUTH CLUB (Y 8)
19.00 – 20.15	WAREHAM WELLBEING GROUP (Y 9+)

TUESDAYS

17.15 – 18.30	WAREHAM YOUTH CLUB (Y 6 & 7)
19.00 – 20.30	WAREHAM YOUTH CLUB (Y 8)

WEDNESDAYS

17.15 – 18.30	WAREHAM THE CREW
17.30 – 18.45	CORFE YOUTH CLUB (Y 6 – 7)
18.00 – 20.30	WOOL YOUTH CLUB (Y 9+)
18.45 – 20.00	CORFE YOUTH CLUB (Y 8+)
19.00 – 20.30	WAREHAM YOUTH CLUB (Y 9+)
19.00 – 20.30	PLANET PURBECK & PYCF YOUTH

GET IN TOUCH FOR UPDATES

THURSDAYS

17.30 – 19.30	WOOL YOUTH CLUB (Y 6)

FRIDAYS

18.00 – 19.30	WAREHAM, THE FRIDAY SOCIAL CLUB AGES 16-25 (NEURODIVERSE OR ANXIOUS YOUNG PEOPLE)

ALTERNATE FRIDAYS, GET IN TOUCH FOR DETAILS



Wareham Youth Hub

PYCF – live young, live life – Purbeck Youth & Community Foundation

01929 552 934
office@pycf.org.uk
pycf.co.uk
BH20 4PH

WAREHAM YOUTH HUB IS RUN BY PURBECK YOUTH AND COMMUNITY FOUNDATION
CHARITY NUMBER – 1168537

SEND SUPPORT

Face to face support for families with children who have SEND needs – diagnosed or undiagnosed

what's on?

26th Oct - SEN Sensory Play session 2pm-3.30pm - Wareham Family Hub Booking essential. For families with children aged 1-8years, older siblings welcome.

4th Nov - Lunch for parents/carers with SEND children - 12.15pm at The United Reform Church Wareham - Booking essential

18th Nov -Parent Support Group at Wareham Family Hub 9.30am-11am No need to book!

16th Dec - Parent Support Group at Wareham Family Hub 9.30am-11am - No need to book!

22nd Dec - SEN Sensory Session Play 9.30am-11am - Wareham Family Hub - Booking essential, For families with children aged 1-8years, older siblings welcome.

Wareham Family Hub PYCF is loacted behind Purbeck School on Worgret Road, Wareham, BH20 4PH



Wareham Family Hub

PYCF

01929 552 934
office@pycf.org.uk
pycf.co.uk
BH20 4PH

Free Parent/ Carer session:

'An Introduction to Autism'



What is the session about?

The session was co-developed with parents of autistic children, a SENCo, Dorset Parent Carer Council and Specialist Teachers and Educational Psychologists from Dorset Council.

It will help you to:

- Understand what autism is and how it may impact young people and families
- Learn some practical strategies to support an autistic child/young person
- Please note, this is a general information session, so we won't be able to discuss individual children or schools

The session will be delivered by either an Educational Psychologist or a Specialist Teacher from Dorset Council

Who can attend?

Anyone from the community,this could include people:

- with an autistic child
- with a child undergoing an assessment for autism
- who are interested in learning more about autism

Where and when?

Via **Teams** - There are two sessions a term and 50 spaces available for each session.

To book a place, please fill in this form and pick the session that suits you best:

An Introduction to Autism

Please click on this Link or scan the QR code above:


DORSET PARENT CARER COUNCIL
BIG EVENT
Join us for a relaxed FREE information event for families with children with special education need and disabilities (SEND).
There will be lots of organisations attending that support children with SEND. such as:
education & schools
health support
SEND support groups
activities for children with SEND
impartial advice and guidence
and much more
We will also have a special stall at this event where you can learn more about the Governments proposed SEND Reforms and share your thoughts!
WEDS 30 SEPT
Kingston Maurward House, DT2 8PY
10am - 1pm
Free tea, coffee and relaxed spaces for a chat.
Meet & talk with local organisaions. Hear their news and ask them questions
NO NEED TO BOOK!
Meet with other parents and carers
FREE PARKING ON SITE
Dorset Parent-Carer Council
Dorset Council
Dorset SENDIASS


Dorset Mental Health Support Team in Schools
WATCH DORSET MHST WEBINARS ON DEMAND
Can't make a live session? No problem. Access our recorded webinars in 3 simple steps:
1 Complete the form
2 Select your webinar
3 Get the link by email
Parent/Carer link:
bit.ly/3URzbTP
Grounding and Breathing Techniques

K/M

KATIE MARIE
Talking Therapy

A safe space to talk, feel and be you

A Safe Space to Talk, Feel & Be You

Counselling support for children, young people and adults in Dorset.

How I can help

I offer gentle, practical support with:

- Anxiety and stress
- Low mood and confidence
- Emotional regulation
- Life changes and transitions
- Relationships and social skills
- Trauma and difficult experiences

Who I support

I work with children, young people and adults, including parents and carers.

Whether you're seeking support for yourself or your child, taking the first step can feel difficult. I'm here to offer a safe, supportive space to talk.

Face-to-Face

In a calm, comfortable space in Lytchett Matravers near Poole.

Online

Flexible, secure video sessions from the comfort of your home.

Telephone

Confidential support when you need to talk, no matter where you are.

Fully Funded Counselling through CanCare Purbeck

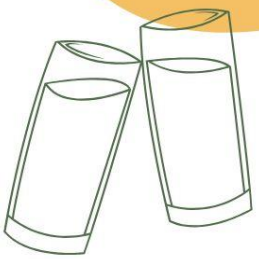
A limited number of fully funded counselling sessions are available to eligible people in the Purbeck area affected by cancer. Please get in touch to ask about eligibility.

Ready to Talk?
Get in Touch

07541 725190
katiemarietalkingtherapy@gmail.com
www.katiemarietalkingtherapy.com

SCAN TO VISIT MY WEBSITE

SUPPORTING MENTAL WELLBEING • BUILDING BRIGHTER FUTURES



THE WELCOME TABLE

Save money, make friends

Need a night off from cooking?
Fancy a meal out?
Money a little tight?.....

JOIN US FOR A FAMILY FRIENDLY 2 COURSE MEAL EVERY THURSDAY

NO CHARGE: DONATIONS WELCOME

Enjoy your meal in a relaxed setting, with colouring and games for the kids without having to worry about the pennies!

Find us at Not Just Sundaes, South Street, Wareham, BH20 4LU

Doors open 5:15pm, last sitting 6:30pm

To book, scan QR CODE,

or phone 07921 648148



The Welcome Table at Not Just Sundaes

This community project is supported by Dorset Council, Talbot Village Trust and The Valentine Trust

YOUTH MUSIC WESSEX

Hello Cello!

Beginner cello classes for newbie musical explorers

Saturdays 9am - 9.40am



Group learning from as little as **£5** per week
with optional additional one to one **"lessons with the pros"**
Get ready to make those floorboards rumble!

For further information on the class, instrument loan and bursaries, please visit: www.youthmusicwessex.org/hello-cello.html or use the QR code opposite

Scan me!

Supported by WYMT Wessex Young Musicians' Trust

making music

Youth Music Wessex CIC - Company No. 13626829 - Registered: England & Wales
Registered Address: Lytchett Minster School, Post Green Road, Lytchett Minster, Poole, BH16 6JD

ATTENTION ALL BUDDING MUSICAL EXPLORERS

GET READY...

YOUR MUSICAL JOURNEY IS ABOUT TO BEGIN IN WESSEX.

COME AND JOIN YOUR NEW TEAM OF EXPLORERS FOR

FUNDAMENTAL INSTRUMENTAL

Book online as required

SHORT, PROJECT-BASED, MINI COURSES - THROUGHOUT THE SEASON

INSTANT FUN IN A YOUTH MUSIC WESSEX ADVENTURE
FOR MUSICAL NOVICES AND MUMS AND DADS ALIKE

Course* participation fee £15 per child.
(*3 week courses). Age range 5 years and above.
To register follow the QR code or visit
www.youthmusicwessex.org/fundamental-instrumental



Youth Music Wessex - where musical adventures begin
For further information on Youth Music Wessex activities please visit
www.youthmusicwessex.org

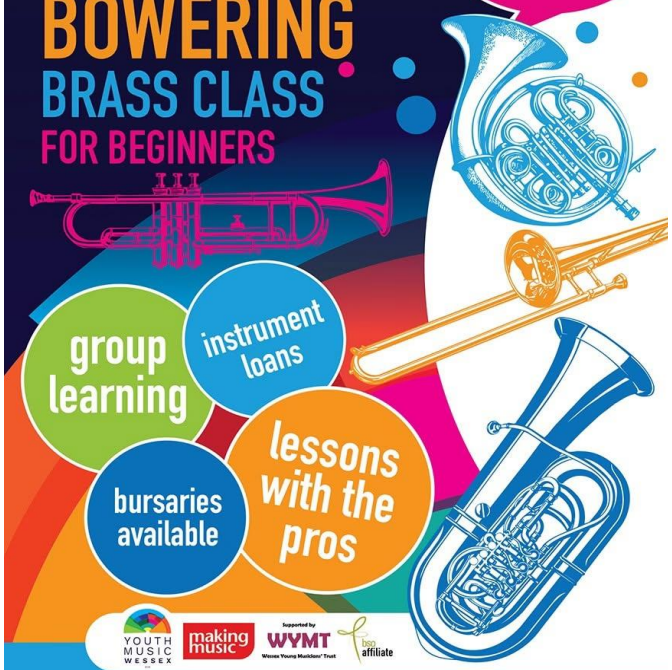
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Address: Lytchett Minster School, Post Green Road, Lytchett Minster, Poole, Dorset. BH16 6JD

YOUTH MUSIC WESSEX CIC

YOUTH MUSIC WESSEX CIC PRESENTS THE

ROBBIE BOWERING BRASS CLASS FOR BEGINNERS

SATURDAY MORNINGS 9am - 9.30am



YOUTH MUSIC WESSEX · making music · Supported by WYMT Wessex Young Musicians' Trust · bso affiliate

Class supported by Robbie's family and friends,
YMWes and Dorset Music Services

YOUTH MUSIC WESSEX CIC

Are you a budding musical explorer? Then look no further - because your journey begins on Saturday mornings in Wessex!

Come and join your fellow explorers, at the

Wessex Recorders

- an accessible gateway to the world of music-making for beginners and beyond.

Group classes, one-to-one lessons and the

Wessex Recorder Ensemble

- for players of grades 2-5.



https://www.youthmusicwessex.org/wessex-recorders.html

Youth Music Wessex CIC - Company No. 13626829 - Registered: England & Wales
Youth Music Wessex, Gainsford Theatre Building, Lytchett Minster School, Post Green Road, Poole, BH16 6JD

TEAMTHEME

Evening Dodgeball Clubs
Sandford Primary School
Dodgeball Club

Sessions Start
Thursday 17th September



DODGEBALL CLUBS

Dodgeball Club at
Sandford Primary School
Every Thursday Evening
5:00-6:00
Only £6 per session
Scan the QR code to register or head to our website

Dodgeball Club – Fast, Fun & Full of Energy!
Our Dodgeball Club is a big hit with the kids, a fast-moving, action-packed game they just can't get enough of!
Every session is all about play, with children sharpening their throwing skills, dodging incoming balls, and showing bravery to grab those game-changing catches. It's high-energy, high-involvement, and loads of fun!
So... who will be Sandford's top dodger this year?

For more details please contact Ally on 07725135473
WWW.TEAMTHEMESPORTSCOACHING.CO.UK

SWANAGE SCHOOL, HIGH STREET, SWANAGE, BH19 2PH

PURBECK SWANS

THE PURBECK SWANS NETBALL TEAM

ALL LEVELS WELCOME!

Learn and play with a qualified coach!

FUN, FRIENDSHIP & FITNESS



- MAKE NEW FRIENDS
- IMPROVE YOUR SKILLS
- STAY ACTIVE & HAVE FUN!

JOIN US EVERY TUESDAY
20:30 - 21:30

£4 PER TASTER SESSION

WE CAN'T WAIT TO MEET YOU!

Find us on Facebook!
@Purbeckswansnetballclub.facebook.com

Follow us on Instagcam!
@Purbeckswans.instagram.com

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Newsletter | Autumn 2026

Let's Go Wild

For Purbeck families

Events, things to do & Steel!

Purbeck Goes Wild's newsletter - for Purbeck families, designed by Purbeck people...

Rob, Luke & Heather from Planet Purbeck say... Enjoy a campout just for local families, head out on a dawn adventure to see deer in the autumn mist, build a Toad Abode, celebrate the winter solstice at sunrise and sunset & enjoy the return of firm family favourites: scrub-bashing and foraging! 🍂🦌🐸🌿
And there's more to come!
👀 **Keep an eye on our socials and WhatsApp groups for spontaneous mini-adventures popping up throughout autumn.**

In this edition

Gladiator Steel is coming to Purbeck!

Autumn PGW events

Autumn nature to spot

2 family scrub bashing events:
National Trust
Sun 1st Nov
Sat 12th Dec
Discovery Centre, Studland

Prepare for Zack (aka Steel) to land in Purbeck



Zack is visiting almost all of your schools in November - get ready for his arrival...

Try Steel's survivor challenge

Can you be strong & resilient like Steel? Perhaps walking up a big hill and reaching the top? Can you find nature that can survive tough things? Like a tree shaped by the wind, fungi growing through cracks & moss on rocks.



Bring your survivor challenge stories to tell Zack!

Autumn Nature Calendar

Purbeck Goes Wild is for families living & working in the Purbeck area

FREE or Low Cost Events !

Purbeck Goes Wild

Event	Date	Time	Location	Info
Putlake Farm Campout	Fri 25 – Sun 27 Sept	12noon – 12noon	Langton Matravers BH19 3EU	Camp out with fellow Purbeck families and friends, with farm animals, wildlife adventures, games, foraging and great food all on your doorstep... plus plenty of time for the kids to run free!
Bugs, Bones & Apples too!	Sat 26 Sept	9.30am – 12pm	South Beach Orchard Studland, BH19 3AU	A fun-filled orchard adventure with minibeast hunts, crafts, games, pond dipping, moths, owl discoveries and, of course, apple picking!
Deers in the Mist	Tues 27 Oct	5.30am – 7:30am	Middlebere what 3 words: sleeps.such.moods	5yrs + Wrap up warm, grab a torch and join us for a magical pre-dawn family adventure into Middlebere, searching for deer as the sun rises through the autumn mist.
Colours of the Cold Blooded	Tues 27 Oct (Half-term)	10am – 11:30am & 1pm – 2:30pm	Leeson House BH19 3EU	Discover autumn's amazing colours, patterns and textures on a fun family adventure inspired by the fascinating world of reptiles and amphibians!
Toad Abode Shelter Build!	Wed 28 Oct (Half-term)	10am – 12noon	Brenscombe Outdoor Centre BH20 5JG	A hands-on woodland adventure discovering the amazing world of amphibians, playing games and building the ultimate giant Toad Abode!
Family Scrub Bashing	Sun 1 Nov (Half-term)	10am – 2pm	Discovery Centre Knoll Beach, Studland BH19 3AH	Get stuck into some wild work! Help us clear scrub from our precious heathland and dunes, use big grown-up tools, and enjoy fresh air, exercise and a hands-on taste of conservation!
Foraging Treasure Hunt	Sat 21 Nov	10am – 12:30pm & 2pm – 4:30pm	Location TBC (Purbeck)	Head out on an autumn foraging adventure to discover the wild foods, flavours and hidden treasures growing right on our doorstep!

Autumn Nature Calendar

Purbeck Goes Wild is for families living & working in the Purbeck area

FREE or Low Cost Events !

Purbeck Goes Wild

Event	Date	Time	Location	Info
Family Scrub Bashing	Sat 12 Dec	10am – 2pm	Discovery Centre Knoll Beach, Studland BH19 3AH	Get stuck into some wild work! Help us clear scrub from our precious heathland and dunes, use big grown-up tools, and enjoy fresh air, exercise and a hands-on taste of conservation!
Winter Solstice: SUNRISE	Sun 20 Dec	8am – 9am	Joe's Café South Beach, Studland, BH19 3AL	Enjoy the magic and tranquillity of a crisp December sunrise, brave an invigorating sea dip if you dare, then warm up with a hot chocolate, tea, coffee and food at Joe's Café.
Winter Solstice: SUNSET	Mon 21 Dec	3:30pm – 4:30pm	Bramble Bush Bay Studland, BH19 3BA	Enjoy the beauty of a winter solstice sunset over Poole Harbour, while tucking into your favourite winter tipple or family treat and escaping the Christmas madness for a little peace and tranquillity.



Scan here to listen!

Meet Dorset's Wild Heroes

Tune in to The Wild Heroes of Dorset, a brand-new children's podcast bursting with adventure, wildlife and local stories. Created by Bournemouth University Media Production student Emily Hunt, the project was created in collaboration with Purbeck Goes Wild with voiceovers from local families to provide an entertaining story for you all. **Listen now** wherever you get your podcasts.

Ready to book?

Scan here to book!

OR Jump onto:

eventbrite.co.uk/o/planet-purbeck

LYTCHETT MINSTER SCHOOL PTA

INVITES YOU TO

QUIZ Night

£6 – PP –

A GREAT NIGHT OF FUN, LAUGHS & GENERAL KNOWLEDGE!

★ ALL WELCOME ★

TEAMS UP TO 8 PEOPLE

FRIDAY
13TH NOVEMBER
6PM – 8PM

LYTCHETT MINSTER SCHOOL
POST GREEN ROAD
BH16 6JD
GAINSFORD THEATRE

pta@lytchett.org.uk

INCLUDES:

- Quiz Entry
- Welcome Drink
- Sweet Treat

BRING YOUR OWN BOOZE!

CASH RAFFLE
HELD ON THE NIGHT!

PAYMENT CAN BE MADE VIA PARENTPAY, BANK TRANSFER OR CASH HANDED INTO THE SCHOOL OFFICE FAO: PTA Quiz Night
(include your details)

BANK TRANSFER DETAILS:
PTA LYTCHETT MINSTER SCHOOL
20-11-43
03137090

ParentPay

★ REFRESHMENTS AVAILABLE ★
THROUGHOUT THE EVENING


LYTCHETT MINSTER SCHOOL PTA
INVITES YOU TO
Christmas
WREATH
WORKSHOP
WEDNESDAY
25TH NOVEMBER
6PM - 8PM
LYTCHETT MINSTER SCHOOL
POST GREEN ROAD
BH16 6JD
ART BLOCK
pta@lytchett.org.uk
£20 pp
Includes:
2 hour workshop
All materials
Welcome drink
Sweet Treat
To book your space, payment can be made via Parentpay.
Alternatively, you can pay via bank transfer, or any cash payments made to the school office, FAO: PTA.
*Any cash must be enclosed in a sealed envelope with your details, clearly marked PTA Wreath Workshop
refreshments available to purchase throughout the evening
BANK DETAILS:
PTA LYTCHETT MINSTER SCHOOL
20-11-43
03137090
Ref: WREATH WORKSHOP

LYTCHETT MINSTER

CHRISTMAS Fayre

SATURDAY 5TH DECEMBER

11AM TIL 4PM

LYTCHETT MINSTER SCHOOL
POST GREEN ROAD, LYTCHETT MINSTER, BH16 6JD

LOCAL TRADERS | CHRISTMAS GIFTS | GRAND RAFFLE | FESTIVE TREATS | REFRESHMENTS | AND MORE!

FREE Entry (Donations Welcome)

FREE PARKING AVAILABLE

Everyone is Welcome!



FOR MORE INFORMATION:
pta@lytchett.org.uk


Busy Bee's
CHRISTMAS
HOLIDAY CLUB
A DAY OF FESTIVE FUN!
POP CORN
BISCUIT MAKING
POTTERY PAINTING
FESTIVE GAMES
CHRISTMAS MOVIES
BEST DRESSED & MORE!!
WEDNESDAY
23RD & 30TH
DECEMBER
DROP OFF FROM
8AM
COLLECTION
BEFORE
5:30PM
AGES 6 - 16
SANDFORD
COMMUNITY HALL
Keysworth Drive
Sandford Woods
BH20 7BD
INCLUDES
BREAKFAST,
LUNCH
& SNACKS!
MEAL INCLUDED
Roast Chicken Dinner
with Roast Potatoes,
Vegetables & Gravy
& Ginger Bread Cookie
FREE
HAF SPACES
(UP TO 5 HOURS)
£29.50
(UP TO 5 HOURS)
£39.50
(FULL DAY)
A MAGICAL DAY OF FUN,
FRIENDS & CHRISTMAS MEMORIES!


Flowerdew Farm
THE GREAT
CHRISTMAS
FARM RESCUE!
Santa's Helpers with Flowerdew Farm
At The Latch, Litton Cheney
Spaces FREE - HAF Code
Dorset Council
Schools out!
Ages 5–13 years
Christmas Crafts
Goat Elf Adventures
Outdoor Games
Festive Treats
Dates:
Sat 19th Dec • Sun 20th Dec
Mon 21st Dec
Sat 2nd Jan • Sun 3rd Jan
Time:
10am – 2pm
(4-hour sessions)
Location:
The Latch Village Hall, Litton Cheney, Dorset
Only 10 mins from Flowerdew Farm
Book Your Space:
hello@flowerdew.farm
07432 203605
Spaces are limited!
Let's save Christmas, one little farm helper at a time!
Flowerdew Farm – Nature, Animals & Wellbeing.