

Thursday 4<sup>th</sup> June 2026

**Y3 PSHE – 'Changing Me'**

Dear Parents/ Carers,

We are writing to inform you about the upcoming PSHE lessons that will be taking place in Year 3. Starting on Friday 12<sup>th</sup> June, we will be covering topics related to puberty and conception. These topics are an important part of PSHE teaching, and we believe they are crucial for the development of our students.

During these lessons, our aim is to provide comprehensive information relating to puberty and conception. We will be discussing how babies change as they grow up, that babies grow inside their mother, how our bodies change on the outside and inside as we get older and family roles.

While we understand that some parents/ carers may feel uncomfortable with their children being taught about such topics in school, it is important to note that we teach these subjects within a safe, supportive, and age-appropriate environment. They will be delivered in an inclusive manner, taking into account the diverse backgrounds and beliefs of our students.

We encourage parents/ carers to continue this conversation at home and support their children's learning journey. It is important to create an open and respectful environment where children feel comfortable discussing these topics with their families.

We will be holding an optional drop in session on Thursday 11<sup>th</sup> June at 3:20pm in Hazel Class when we will be available to share the Jigsaw scheme learning materials and answer any questions that you may have.

Thank you for your support and cooperation.

Yours sincerely,

The Year 3 Team

Headteacher: Mrs Emma Roberts

Sandford, Nr. Wareham, Dorset, BH20 7BN

**Tel:** 01929 552949, **E-mail:** [office@sandfordprimary.dorset.sch.uk](mailto:office@sandfordprimary.dorset.sch.uk)