

Wednesday 3rd June, 2026

Y6 PSHE – 'Changing Me'

Dear Parents,

We are writing to inform you about the upcoming PSHE lessons that will be taking place in Year 6. Starting the week beginning 8th June, we will be covering topics related to puberty and relationships. These topics are an important part of PSHE teaching, and we believe they are crucial for the development of our students.

During these lessons, our aim is to provide comprehensive information relating to puberty, sexuality, and relationships. We will be discussing the physical and emotional changes that occur during puberty and exploring the different aspects of relationships, including personal boundaries, consent, and healthy communication.

While we understand that some parents may feel uncomfortable with their children being taught about such topics in school, it is important to note that we teach these subjects within a safe, supportive, and age-appropriate environment. These lessons will be delivered in an inclusive manner, taking into account the diverse backgrounds and beliefs of our students.

We encourage parents to continue this conversation at home and support their children's learning journey. It is important to create an open and respectful environment where children feel comfortable discussing these topics with their families.

If you have any concerns or questions, please do not hesitate to contact us. We value your feedback and would be happy to provide additional information.

Thank you for your support and cooperation.

Yours sincerely,

Mr Dean, Miss Thomas and Mrs Hill