



Sandford St. Martin's

P R I M A R Y S C H O O L

Wednesday 25th March 2026

Dear Saplings Parents,

We are very pleased to let you know that your child will be taking part in a 4-week block of Forest School – starting after the Easter holidays, led by Mrs Pampin. If you are new to the school/forest school please do ask for a leaflet explaining more details or speak to Mrs Pampin who can explain the principles and benefits.

Your child's dates are scheduled for:

Acorns / Conkers	Thursday 16 th April Thursday 23 rd April Thursday 30 th April Thursday 7 th May
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Can we draw your attention in particular to the clothing list:

- Wellies or waterproof walking shoes/boots
- Thick, warm socks (wellies and thin socks can make you very cold, waterproof does not = warm)
- Hat
- Long sleeve top (NOT short – to protect against any brambles and nettles)
- Full length trousers (NOT shorts or $\frac{3}{4}$ length – to protect against any brambles and nettles as well as the cold)
- Jumper
- Waterproof trousers and coat (should it rain we still aim to go ahead with Forest School)
- Alternatively, waterproof all-in-one or overalls would be suitable

It is vital that children wear the correct clothing for their own comfort and safety. It can be very muddy and a change of clothes is essential, as are waterproofs. A carrier bag for wet/muddy items each week is essential please. We have a few spare items and always do our best to equip the children appropriately, but we do rely on the majority of children providing the right footwear and waterproofs.

Headteacher : Mr Paul Beveridge
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We will be going out to the wooded area in the afternoon but would like to ask that your child **COMES INTO SCHOOL WEARING THEIR FOREST SCHOOL CLOTHES** and has a change of clothes and shoes in a bag ready to change at the end of the session. (if they remain clean they might not be asked to change). Please ensure all items of clothing are named and labelled, including their wellies.

Sessions last for approximately 80 mins and will go ahead in all weathers (with the exception of moderate-high wind due to potential of branches falling). Forest School is always a very special provision and the children remember their experiences for years to come; it is great for team work, self-esteem, confidence building, exploration and creativity amongst many other things.

There is a strict risk assessment criterion for Forest School and we are required to keep up-to-date medical, dietary and allergy records of each child in school. Please update the office if there is anything particular we need to know. There will often be refreshments at forest school – please let the class teacher know if you do not want your child to have a biscuit, hot chocolate/warm squash or similar refreshments.

Our team feel very privileged to be able to work with your child and we look forward to sharing in their explorations with them.

Yours sincerely,

Mr Beveridge

On behalf of the forest school team within Sandford Staff

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