

# ACTIVE SCHOOL

Active School Organisations LTD / UK Academies of Gymnastics <sup>TM</sup> Ltd

## Active School UK – Gymnastics After School Club

### ***Register Your Interest – Sandford St. Martins Primary School***

**Day:** Wednesdays (KS1 and KS2)

**Time:** 3.15pm – 4.15pm

**Start Date:** Wednesday 15<sup>th</sup> April

**Length:** 6-week term

**Cost:** £54 per child (payment requested once minimum numbers are confirmed)

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### **Dear Parents and Carers,**

We are excited to explore the launch of a brand-new After-School Gymnastics Club at Sandford St. Martin's Primary School, delivered by Active School UK.

To help us confirm whether there is enough interest to run the club from Wednesday 15<sup>th</sup> April, we are inviting families to register their interest using the link below.

Once we reach the minimum number of pupils, we will contact families to request payment and confirm your child's place.

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### **What the Club Offers**

Our after-school gymnastics sessions are designed to help children:

- Build confidence, strength, and coordination
- Develop balance, flexibility, and core movement skills
- Work towards the UKAG Gymnastics Award Scheme
- Enjoy fun, structured physical activity in a safe environment

The club is suitable for all abilities, from beginners to those with previous experience.

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## How We Run Our Sessions

All sessions are delivered by fully qualified, DBS-checked, first-aid-trained coaches who specialise in school-based gymnastics.

Each week includes:

1. A warm-up and mobility section
2. Skill development through floor and apparatus
3. Fun challenges and partner/team work
4. Progress towards individual certificates and awards
5. A calm cool-down to finish

Children will be collected by the coach or brought to the hall by their teacher at 3.15pm and must be picked up promptly at 4.15pm from the agreed collection point.

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## How to Register Your Interest

*To express interest in a place for your child, please complete the form within the link below:*

[www.activeschool.org.uk/classes](http://www.activeschool.org.uk/classes) - *Choose Sandford St. Martins Primary School from the List of Schools.*

*No payment is required at this stage. Once the club reaches the required number of pupils, you will receive confirmation and instructions for payment.*

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If you have any questions, please contact us at:

info@activeschool.org.uk

07706 646326

[www.activeschool.org.uk](http://www.activeschool.org.uk)

We look forward to welcoming your child into the club and creating a brilliant gymnastics experience for Sandford St Martins Primary School,

**Active School UK**

*Helping children move, learn, and grow with confidence.*