

AUTUMN MENU

WEEK ONE

WEEKS COMMENCING:
1/9, 22/9, 13/10, 3/11, 24/11, 15/12

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|--|---|--|---|---|
| MAIN ONE | Pepperoni Pizza with Potato Balls and Fresh Chopped Salad | Chicken Fajita with Potato Wedges and Peas | Roast Devon Gammon with Yorkshire Pudding, Gravy, Roast Potatoes, Carrots and Fine Green Beans | Devon Beef Chilli with White and Wholegrain Rice and Coleslaw | Breaded Fish Cake with Chips and Baked Beans |
| MAIN TWO | Vegetable Lasagne with Homemade Tomato and Herb Focaccia and Fresh Chopped Salad | Macaroni Cheese with Peas | Vegetarian Toad in the Hole with Gravy, Roast Potatoes, Carrots and Fine Green Beans | Cheesy Potato Pinwheel with Potato Wedges and Coleslaw | Cheese and Bean Pastry, Chips and Baked Beans |
| JACKET POTATO | Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings |
| DAILY PASTA | Pasta with Tomato and Vegetable Sauce | Pasta with Pesto | Pasta with Tomato and Vegetable Sauce | Pasta with Cheese Sauce | Pasta with Tomato and Vegetable Sauce |
| DESSERT | Apple Cake | Fruit Jelly | Raspberry Ripple Shortbread | Melon and Orange Wedges | Strawberry Mousse |

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.



AUTUMN MENU

WEEK TWO

WEEKS COMMENCING:
8/9, 29/9, 20/10, 10/11, 1/12



- MAIN ONE
- MAIN TWO
- JACKET POTATO
- DAILY PASTA
- DESSERT

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| Devon Beef Burrito with Homemade Tomato and Herb Focaccia and Salad Sticks | Pork Sausage with Mash and Peas | Roast Turkey with Yorkshire Pudding, Gravy, Roast Potatoes, Carrots and Cabbage | Brunch: Devon Sausage and Bacon, Hash Brown Bites and Baked Beans | Fish Fingers or Salmon Fingers with Chips and Peas |
| Margherita Pizza with Salad Sticks | Broccoli and Cauliflower Bake with Mash and Peas | Yorkshire Pudding Cottage Pie with Roast Potatoes, Carrots and Cabbage | Vegetarian Brunch: Quorn Sausage, Hash Brown Bites, Baked Beans and Fresh Tomato | Bean and Mozzarella Quesadilla with Chips and Peas |
| Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings | Jacket Potatoes served daily with a selection of fillings |
| Pasta with Tomato and Vegetable Sauce | Pasta with Pesto | Pasta with Tomato and Vegetable Sauce | Pasta with Cheese Sauce | Pasta with Tomato and Vegetable Sauce |
| Lemon Drizzle Cake | Pear Cake | Orange Cookie | Chocolate Muffin | Mousse with Fresh Banana Pieces |



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AUTUMN MENU

WEEK THREE

WEEKS COMMENCING:
15/9, 6/10, 27/10, 17/11, 8/12

MONDAY

Pork Burger and Ketchup with Sweetcorn and Fresh Chopped Salad

Vegetable Chow Mein with Sweetcorn and Fresh Chopped Salad

Jacket Potatoes served daily with a selection of fillings

Pasta with Tomato and Vegetable Sauce

Chocolate Shortbread

TUESDAY

Chicken and Vegetable Casserole with Roasted New Potatoes and Peas

Margherita Pizza with Salad Sticks and Peas

Jacket Potatoes served daily with a selection of fillings

Pasta with Pesto

Raspberry Muffin

WEDNESDAY

Devon Roast Pork with Yorkshire Pudding, Gravy, Roast Potatoes, Carrots and Fine Green Beans

Vegetarian Sausage Toad in the Hole with Roast Potatoes, Carrots and Fine Green Beans

Jacket Potatoes served daily with a selection of fillings

Pasta with Tomato and Vegetable Sauce

Strawberry Jelly and Fruit

THURSDAY

Chicken Tikka Masala with White and Wholegrain Rice and Indian Salad

Tomato and Mozzarella Pasta with Garlic Focaccia and Indian Salad

Jacket Potatoes served daily with a selection of fillings

Pasta with Cheese Sauce

Iced Bun

FRIDAY

Breaded Fish with Chips and Beans

Five Bean Enchilada with Chips and Beans

Jacket Potatoes served daily with a selection of fillings

Pasta with Tomato and Vegetable Sauce

Mousse and Mandarins

MAIN ONE

MAIN TWO

JACKET POTATO

DAILY PASTA

DESSERT

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