

**Year 3 PSHE Changing Me unit**

**Week commencing 8<sup>th</sup> July-12<sup>th</sup> July**

Dear Parents and Carers,

In the week commencing Monday 8<sup>th</sup> July we will be going through the topic of 'Changing Me' in P.S.H.E. This unit covers various changes that male and female bodies go through, as they grow up. We have detailed below, what each lesson will cover. This will prepare you as parents and carers for questions your children might have, after our lessons, which will take place each afternoon of that week. They may want to follow up with you about what we discuss or any emotions and feelings that may arise from it. Please do speak to Miss Edwards, Miss Colley, or Mrs Driver if you have any questions.

Lesson	Learning objective 1	Learning objective 2
1	Understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.	Express how I feel when I see babies or baby animals.
2	Understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow.	Express how I might feel if I had a new baby in my family.
3	Understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. Identify how boys' and girls' bodies change on the outside during this growing up process.	Recognise how I feel about these changes happening to me and know how to cope with those feelings.
4	Identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up.	Recognise how I feel about these changes happening to me and how to cope with these feelings.
5	Identify what I am looking forward to when I move to my next class.	Start to think about changes I will make next year and know how to go about this.

Please do come to us with any questions, queries or any extra information you may need.

Kind regards,

Mrs Driver, Miss Colley and Miss Edwards