

NOVEMBER 2024 –
APRIL 2025



Hampshire
County Council

Education Catering

SANDFORD ST MARTIN'S
PRIMARY SCHOOL

YOUR SCHOOL MENU

NO NUT
INGREDIENTS

For information regarding our
nut policy visit the FAQ section
of our **special diet** web page.



The meals we prepare
and serve **adhere to**
the Government's
School Food Standards.
It includes the
recommendations for
portion sizes and food
groups for all primary
aged pupils.

FOOD ^{TO}
FLOURISH®

Our nutritious lunches,
on our **three-week menu**
cycle, help children
flourish by giving them
the right balance of
nutrients and energy.



We support British farming
and are committed to full
traceability in every meal
we serve. We are proud the
meat on our menu is farmed
to **Red Tractor standard.**

FOLLOW OUR CONVERSATION



@hantseducationcatering



@hantsedcatering

AT
LEAST

75%

OF OUR
MEALS

ARE PREPARED FROM
SCRATCH

DID YOU
KNOW?

FRESH BREAD

PLUS
SALAD

MADE
DAILY

SAY YES TO SUCCESS

as part of the Government's
UIFSM programme.

Scan to find
out more.



Contains



Fish on our menu is
**FROM WELL-MANAGED AND
SUSTAINABLE SOURCES**

WEEK 1 MENU

WEEK STARTING

4
NOV

25
NOV

16
DEC

20
JAN

10
FEB

10
MAR

31
MAR

MONDAY

CHOOSE FROM

Vegetarian sausage roll with crinkle cut wedges (V) (P)

Ham carbonara with pasta

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Freshly-baked shortbread

TUESDAY

CHOOSE FROM

Quorn pieces in a Yorkshire pudding (V) (P)

Sliced chicken and Yorkshire pudding

ON THE SIDE

Roast potatoes, gravy and vegetables of the day

TO FINISH

Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM

Handmade margherita pizza (V)

Sticky honey glazed chicken with a blend of brown and white rice (P)

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Rice crispy cake

THURSDAY

CHOOSE FROM

Plant-based sausage and Yorkshire pudding (V) (P)

Sliced beef and Yorkshire pudding

ON THE SIDE

Roast potatoes, gravy and vegetables of the day

TO FINISH

Fruit, mousse or jelly

FRIDAY

CHOOSE FROM

Somerset cheddar cheese and onion quiche (V)

Baked Omega 3 fillet fish fingers


ON THE SIDE





Chips, vegetables of the day or salad

TO FINISH

Ginger sponge



Not only are several of our dishes **completely fuelled by PLANT POWER** but several more have  **additional hidden veggies** to benefit pupils, protect the environment and provide added nutrients.

-  Vegetarian
-  Vegan
-  Includes Plant Power
-  Additional hidden vegetables

All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.

WEEK 2 MENU

WEEK STARTING

11
NOV

2
DEC

6
JAN

27
JAN

24
FEB

17
MAR

MONDAY

CHOOSE FROM

Plant-based sausage
hotdog 

Pork sausages

ON THE SIDE

Mashed potato,
vegetables of the day
and gravy, or salad

TO FINISH

Chocolate pudding

TUESDAY

CHOOSE FROM

Vegetarian sausage roll  

Sliced pork and
Yorkshire pudding

ON THE SIDE

Roast potatoes, gravy and
vegetables of the day

TO FINISH

Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM

Handmade margherita
pizza 

Bubble salmon and
crinkle cut wedges

ON THE SIDE

Vegetables of the
day or salad

TO FINISH

Honey biscuit

THURSDAY

CHOOSE FROM

Vegetable pasty  

Sliced chicken and
Yorkshire pudding

ON THE SIDE



Roast potatoes, gravy
and vegetables of the day

TO FINISH

Fruit, mousse or jelly

FRIDAY

CHOOSE FROM

Sweet potato and lentil
curry with a blend of
brown and white rice  

Baked Omega 3 fillet fish
fingers and chips

ON THE SIDE

Vegetables of the day
or salad

TO FINISH

Lemon drizzle sponge

FARM TO FORK

Find out more
about our ethical
suppliers on our
website:



**FRUIT AND
YOGHURT**



SERVED EVERY DAY

WEEK 3 MENU

WEEK STARTING

18
NOV

9
DEC

13
JAN

3
FEB

3
MAR

24
MAR

MONDAY

CHOOSE FROM

Veggie cottage pie (Vg)

Beef cottage pie

ON THE SIDE

Vegetables of the
day or salad

TO FINISH

Chocolate brownie

TUESDAY

CHOOSE FROM

Macaroni cheese with
Somerset cheddar (V)

Sliced chicken, Yorkshire
pudding, roast potatoes
and gravy

ON THE SIDE

Vegetables of the
day or salad

TO FINISH

Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM

Handmade
Margherita pizza (V)

Chicken nuggets and
crinkle cut wedges

ON THE SIDE

Vegetables of the
day or salad

TO FINISH

Jammy shortbread
biscuit

THURSDAY

CHOOSE FROM

Quorn and leek crown (V)

Sliced pork and Yorkshire
pudding

ON THE SIDE

Roast potatoes, gravy
and vegetables of the day

TO FINISH

Fruit, mousse or jelly

FRIDAY

CHOOSE FROM

Sweet potato and lentil
curry with a blend of
brown and white rice (Vg)

Baked Omega 3 fillet
fish fingers

ON THE SIDE

Chips, vegetables of the
day or salad

TO FINISH

Toffee apple sponge



**Scan to
download**
our picture menu
resources.



YOUR SCHOOL MENU CALENDAR

WEEK 1

WEEK 2

WEEK 3

NOVEMBER 2024

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER 2024

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY 2025

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2025

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH 2025

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2025

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

“We always say that you learn better on a full stomach, so my daughter always finishes her school lunch. She absolutely loves them!”

Parent comment 2024

